



EMPLOYEE HEALTH SCREENING

MC Dean Offsite Screenings

Tests Include: Total Cholesterol, HDL, LDL, Triglycerides, Glucose, Blood Pressure, Height, Weight, Waist Circumference and BMI.

9 hour fast recommended. Black coffee and water permitted.

TO REQUEST YOUR OFFSITE SCREENING:

1. Go to <https://www.ehealthscreenings.com/signup>.
2. If you have participated in a previous screening facilitated by eHealthScreenings, enter your username and password and click Submit. On the following screen under Step 1, enter the Screening Key: **HMV1728** and **Click to Select**. If you have not participated in a screening, under the NOT YET REGISTERED? box, enter the Screening key: **HMV1728** and click **Submit**. Enter your assigned default username and password. For your assigned default username and password use the following format:
 USERNAME: First Initial + Last Initial + DOB (MMDDYYYY) (example: John Smith born 4/23/1975 is JS04231975)
 PASSWORD: Last Name + Last 4 SSN (example: John Smith with social 123456789 is Smith6789)
 *Username and Password are case sensitive
3. Update account information and click **Submit**.
4. Select **Click to Select** within the Offsite Screening section.
5. Follow the instructions as prompted.
6. Acknowledge the Health Screening Consent by checking the **"I agree"** box located at the bottom of the consent. Enter first & last name in the Signature section. Click **Continue**.
7. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records. You will then receive confirmation of your registration and will be emailed a lab form and instructions on how to complete your screening.

REMEMBER: Fasting (no food) for 9 hours before your appointment is recommended but not required. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting.

